

# Regulations for the Ariane Cross 2009

11<sup>th</sup> – 13<sup>th</sup> September 2009, Augsburg



## **Article 1 – Organization**

MT Aerospace is organizing the 33<sup>rd</sup> ARIANE Cross-country competition on September 12<sup>th</sup>, 2009 in Augsburg, Germany.

## **Article 2 - Races**

The ARIANE Cross-country meeting includes both individual races and a 4x 1.500m relay. Three optional distances are offered for the individual races: 2.500m, 5.000m and 10.000m.

Note: All distances are indications only and will depend on the final race course.

## **Article 3 – Participants**

The event is open to personnel from European companies engaged in the Ariane programme, as well as their spouses and children.

## **Article 4 – Closing Date**

The closing date for entries (individual events and relay) is the final date for applications to participate in ARIANE Cross-country 2009 is June 12<sup>th</sup> 2009.

## **Article 5 – Team captain**

Each team must appoint a captain who will be the contact point with the organizers.

## **Article 6 – Medical certification**

Each captain will be responsible of verifying and to inform in writing the organization that each team member holds a medical certification authorizing his participation in competitive running event or a card of the Athletics Federation or any other equivalent organization, dated no earlier than one year prior to the event.

It is emphasized that runners take part in the competition at their own risk; the organizers hold insurance cover against legal liability, but participants must ensure that they have personal insurance especially as:

- The organizers accept no liability for any accident that is not the responsibility of the organization which the participants may suffer and for any damage to third parties,
- The organizers accept no liability for accidents resulting from a medical condition that militates against participation in competitive running; the captain of each team is responsible for informing all runners in his team of this aspect of the regulations.

## **Article 7 – Age categories (individual races)**

Age categories for this cross-country event are defined solely by reference to year of birth, ignoring month and day. The following categories have been defined:

WOMEN'S CATEGORIES			
RACE	1991 - 1970	1969 - 1960	1959 and before
2.500m	A1	A2	A3
5.000m	B1	B2	B3
10.000m	C1	C2	C3

MEN'S CATEGORIES			
RACE	1991 - 1970	1969 - 1960	1959 and before
2.500m	A4	A5	A6
5.000m	B4	B5	B6
10.000m	C4	C5	C6

### **Article 8 – Individual race**

A competitor can enter only one individual race.

### **Article 9 – Relay race**

A relay team consists of 4 runners from a team who have all participated in an individual race. The order and age category for relay competitors is as follows:

Relay	Runner 1	Runner 2	Runner 3	Runner 4
Gender	Female	Male	Female	Male
Birth Year	1991 - 1970	1991 - 1970	1969 and before	1969 and before

Older women/men may participate at position 1 or 2 to complete the relay team. A relay competitor can enter only one relay team.

### **Article 10 – Team points from individual races**

For each individual race (2.500, 5.000 and 10.000m) two overall classifications will be established:

- A women's overall classification, all categories
- A men's overall classification, all categories

In each **women's race** the following will be recorded:

- The best performance within the team, regardless of age category. The points allocated correspond to the place obtained in the women's overall classification.

Thus, over 5.000m for example a team whose best athlete was 3<sup>rd</sup> (overall) will be allocated 3 points.

In each **men's race** the following will be recorded:

- The best performance amongst runners born in 1970 and after.
- The best performance amongst runners born in 1969 and before.

The points allocated correspond to the sum of the two places obtained in the men's overall classification.

Thus, over 2.500m for example, a team whose best athlete born in 1968 or after finishes 8<sup>th</sup> (overall) and whose best athlete born in 1967 or before finishes 15<sup>th</sup> (overall) will receive  $8 + 15 = 23$  points.

Any team that does not have a representative in a given race, will be allocated the number of points scored by the lowest scoring athlete overall (women and men) plus 1.

Thus, in the 10.000m women's race for example, if 25 female athletes finish, teams that have no representatives in that race will be allocated 26 points.

The total individual point score of a team is therefore equal to the sum of points scored by its best representatives (women, men born in 1970 and after, men born in 1969 and before) in each race.

This total score is then divided by 9, giving the average of individual points scored for the team.

It is recommended that teams should consist of at least 9 runners:

- 3 women (including one born in 1969 or before, for the relay runner 3)
- 3 men born in 1970 and after
- 3 men born in 1969 and before,

split up over 3 races.

## **Article 11 – Team points from relay race**

In the relay race the following will be recorded:

- The best performance of a relay team within the team.

The number of points scored by a given team in the relay race corresponds to the best team's relay team finishing place (1 point for the relay team finishing first)

A team that does not finish the relay race will be allocated the number of points awarded to the team finishing last, plus 1.

Note: Teams are allowed to participate in the relay race with multiple teams.

## **Article 12 – Final team classification**

The final classification is obtained by adding the number of points scored in the relay race to the average of the individual points scored by the team.

## **Article 13 – Trophies**

The first three finishers in each category will be awarded a trophy.

The first three teams in the relay race will be awarded a trophy.

## **Article 14 – Timings**

The individual races will start at the following times:

10.000m	categories C1 to C6	start 09.00 am
5.000m	categories B1 to b6	start 10.15 am
2.500m	categories A1 to A6 + children	start 11.00 am

The relay race will start at 11.45 am.

Competitors are to assemble at the start line 10 minutes before the published start of each event.

## **Article 15 – General arrangements**

Numbers must be worn on the chest. The use of spiked shoes is not allowed. Failure to respect the rules or directions given by an official or route marshal may result in disqualification.

## **Article 16**

All participants agree to abide by these rules; failure to do so may result in disqualification.